



Farina with Fiber (1904)

06/20/2024

Nutrition Facts

22 servings per container
Serving size 1 cup (227g)

Amount per serving
Calories 90

Table with 2 columns: Nutrient and % Daily Value. Rows include Total Fat, Saturated Fat, Trans Fat, Cholesterol, Sodium, Total Carbohydrate, Dietary Fiber, Total Sugars, and Includes Added Sugars.

Table with 2 columns: Nutrient and % Daily Value. Rows include Protein, Vitamin D, Calcium, Iron, and Potassium.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, FARINA (Farina, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), MALTODEXTRIN, SALT (Salt, Yellow Prussiate of Soda)

ALLERGEN: Contains Wheat. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C681904